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# HIPAA COMPLIANCE CHECKLIST

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## 1. Are you a “Covered Entity” under HIPAA?

- a. If yes – You are responsible for complying with the federal HIPAA and HITECH laws, as well as state confidentiality law. Continue answering the questions below.
- b. If no – You must comply with state confidentiality law. Additionally, it is suggested that you review the questions below as the Privacy and Security Rules are floors of confidentiality protection, and as a psychiatrist, you are held to a much higher legal and ethical standards from protection of patient information.
- c. If you do not know – HHS (the Department of Health and Human Services), responsible for enforcement of the Privacy and Security Rules, has created the following resources to assist you in determining whether you are a Covered Entity:
  - i. <http://www.hhs.gov/ocr/privacy/hipaa/understanding/coveredentities/index.html>
  - ii. <http://www.cms.gov/Regulations-and-Guidance/HIPAA-Administrative-Simplification/HIPAAGenInfo/Downloads/CoveredEntitycharts.pdf>

## 2. Do you have your Privacy Rule policies and procedures documented?

- a. Summary of the Privacy Rule from HHS:  
<http://www.hhs.gov/ocr/privacy/hipaa/understanding/summary/index.html>
- b. PRMS resource: In the HIPAA Help section of our website, we provide checklists which may assist you in drafting policies as well as model forms (from 2003)

## 3. Do you have your Notice of Privacy Practices?

- a. Model from HHS: <http://www.hhs.gov/hipaa/for-professionals/privacy/guidance/model-notices-privacy-practices/>

## 4. Are your Privacy Rule policies and procedures being followed?

- a. Are patients actually receiving your Notice of Privacy Practices?
- b. Are all requests for restrictions considered?
- c. Are access and amendment requests handled timely?
- d. Is only the minimum necessary amount of PHI (Protected Health Information) being released unless the patient has authorized release of the entire record?

**5. Do you have your Security Rule policies and procedures documented?**

- a. Summary of the Security Rule from HHS:  
<http://www.hhs.gov/ocr/privacy/hipaa/understanding/srsummary.html>
- b. Guidance on compliance from HHS:  
<http://www.hhs.gov/ocr/privacy/hipaa/administrative/securityrule/securityruleguidance.html>
- c. PRMS resource: *Security Rule Compliance Checklist with Resources for Small Practices*, available in the HIPAA Help section of our website

**6. Are your Security Rule policies and procedures being followed?**

- a. Are all of your computers with PHI password-protected?
- b. Are all of your portable devices with PHI, such as laptops and tablets, encrypted?
- c. Are all of your electronic devices containing PHI, including copiers, stripped of all PHI prior to disposal, sale, or return to vendor?
  - i. See HHS' recommended resource, FTC's *Copier Data Security* at <http://business.ftc.gov/documents/bus43-copier-data-security>
  - ii. See \$1.2 million enforcement action against a Covered Entity for failing to remove PHI from a copier at <http://www.hhs.gov/ocr/privacy/hipaa/enforcement/examples/affinity-agreement.html>
- d. Are the other required elements being met?

**7. Have you done your risk assessment – initially and on-going?**

- a. From HHS: *Risk Assessment Guidance*,  
<http://www.hhs.gov/ocr/privacy/hipaa/administrative/securityrule/rafinalintro.html>
- b. From HHS: Security Risk Assessment (SRA) tool, [www.hhs.gov/news/press/2014pres/03/20140328a.html](http://www.hhs.gov/news/press/2014pres/03/20140328a.html)
- c. To learn of risks that are the subject of HHS' enforcement, subscribe to OCR's listserv:  
<http://www.hhs.gov/ocr/privacy/hipaa/understanding/coveredentities/listserv.html>

**8. Do you understand the requirements of the Breach Notification Rule?**

- a. Resources from HHS:  
<http://www.hhs.gov/ocr/privacy/hipaa/administrative/breachnotificationrule/index.html>

**9. Are your Breach Notification Rule policies and procedures being followed:**

- a. Can all employees identify a breach?
- b. Do employees understand that all possible breaches must be reported to you ASAP?
- c. Do you call PRMS (800-527-9181) immediately upon learning of a potential breach of PHI?

**10. Have your employees signed confidentiality agreements?**

- a. A model confidentiality agreement is available on our website.

**11. Have you provided yearly HIPAA training to staff?**

- a. HHS' online HIPAA training courses (with CME) are available to all through Medscape:  
<http://www.hhs.gov/ocr/privacy/hipaa/understanding/training/index.html>

**12. Are your training records documented?**

**13. Do your employees understand the training?**

- a. Is PIH being properly maintained at workstations?
- b. How is PHI actually being disposed of?
- c. Is PHI only be accessed and disclosed pursuant to authorization, legal mandate, or exception to confidentiality?
- d. Does staff understand that merely not mentioning identifying information does not mean confidentiality is being maintained?
- e. Are computers positioned so that patients cannot read the screens?

**14. Are you prepared for a HIPAA audit?**

- a. HHS' HIPAA Audit Protocol: <http://www.hhs.gov/ocr/privacy/hipaa/enforcement/audit/protocol.html>

**15. Do you have Business Associate Agreements (BAAs) from all of your Business Associates (BAs)?**

- a. BAs are third parties that perform a function on behalf of or provides services to a Covered Entity that requires the release of PHI
- b. Note: PRMS is a BA of any Program Participant that is a Covered Entity under HIPAA. Our BAA is available on our website for download
- c. HHS' Sample BAA Provisions:  
<http://www.hhs.gov/ocr/privacy/hipaa/understanding/coveredentities/contractprov.html>
- d. Have all BAs provided you with BAAs?
  - i. If a BAA was provided that incorporated the changes under HITECH, such as was provided by PRMS, the BA has until September 23, 2014 to provide a BAA that complies with the Omnibus regulation
  - ii. If a BAA was updated with the HITECH provisions earlier, you will need an updated BAA that complies with the Omnibus regulation by September 23, 2013

**16. Are you aware that aside from criminal penalties, civil penalties for HIPAA violations can be as much as \$50,000 per incident with a yearly cap of \$1.5 million for multiple identical violations?**

**17. Are you familiar with HHS' enforcement actions?**

- a. Case examples and resolution agreements are available at  
<http://www.hhs.gov/ocr/privacy/hipaa/enforcement/examples/index.html>

**18. Are your employees prohibited from removing PHI (paper or electronic) from the office?**

**19. If you have PHI on mobile devices, such as a laptop or tablet, is the device encrypted?**

- a. HHS' educational materials on privacy and security with mobile devices:  
<http://www.healthit.gov/providers-professionals/your-mobile-device-and-health-information-privacy-and-security>

**General Resources:**

- OCR's website: <http://www.hhs.gov/ocr/privacy/index.html>
- PRMS' HIPAA Help: <https://www.psychprogram.com/my-program/hipaa-help/tpp.aspx> (log-in required)



Call (800) 245-3333  
Email [TheProgram@prms.com](mailto:TheProgram@prms.com)  
Visit us [www.psychprogram.com](http://www.psychprogram.com)  
Twitter @Prms

<http://www.hhs.gov/hipaa/for-professionals/privacy/guidance/model-notices-privacy-practices/>

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