

## Resource List

### Psychiatric Risk Management Updates: Prescribing Medications and Telepsychiatry

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#### **PRESCRIBING MEDICATIONS**

##### **Medical Board of California.**

Laws/Physician Information

- Guide to the Laws Governing the Practice of Medicine by Physicians and Surgeons
- Guidelines for Prescribing Controlled Substances for Pain
- Guidelines for the Recommendation of Cannabis for Medical Purposes
- Laws Relating to the Medical Board of California, 2013 Edition

[www.mbc.ca.gov/Publications/](http://www.mbc.ca.gov/Publications/)

**More Than Half of Opioid Prescriptions Go to People with Mental Illness.** June 27, 2017.

[www.huffingtonpost.com/entry/mental-illness-opioids\\_us\\_595261b0e4b02734df2d63eb](http://www.huffingtonpost.com/entry/mental-illness-opioids_us_595261b0e4b02734df2d63eb)

**Controlled Substance Act. 21 U.S.C. 801-890.**

**21 CFR 1306.04(A).**

**United States Department of Justice. Drug Enforcement Administration. Office of Diversion Control. Practitioner's Manual: An Informal Outline of the Controlled Substances Act.**

[www.dea.gov/diversion/publications/manuals/pract/pract\\_manual012508.pdf](http://www.dea.gov/diversion/publications/manuals/pract/pract_manual012508.pdf)

**CDC Guide for Prescribing Opioids for Chronic Pain.** [www.cdc.gov/mmwr/volumes/65/rr/rr6501e1.htm](http://www.cdc.gov/mmwr/volumes/65/rr/rr6501e1.htm)

**FSMB: Model Policy for the Use of Opioid Analgesics in the Treatment of Chronic Pain.**

<https://license.k3systems.com/LicensingPublic/docs/Model%20Policy-july2013%20FSMB.pdf>

**CDC Vital Signs: Changes in Opioid Prescribing in the United States, 2006-2015.**

July 7, 2017. [www.cdc.gov/mmwr/volumes/66/wr/mm6626a4.htm](http://www.cdc.gov/mmwr/volumes/66/wr/mm6626a4.htm)

**Operators of Bogus Medical Clinics Charged in Conspiracy to Divert Massive Amounts of Prescription Narcotics to the Black Market.** Department of Justice. U.S. Attorney's Office. Central District of California.

[www.justice.gov/usao-cdca/pr/operators-bogus-medical-clinics-charged-conspiracy-divert-massive-amounts-prescription](http://www.justice.gov/usao-cdca/pr/operators-bogus-medical-clinics-charged-conspiracy-divert-massive-amounts-prescription)

**Recognizing the Drug Abuser.** U.S. Department of Justice Drug Enforcement Administration.

[www.dea.gov/diversion/publications/brochures/pdfs/recognizing\\_drug\\_abuser\\_trifold.pdf](http://www.dea.gov/diversion/publications/brochures/pdfs/recognizing_drug_abuser_trifold.pdf)

**Preventing Prescription Fraud. Missouri Task Force on the Misuse, Abuse and Diversion of Prescription Drugs.** <http://health.mo.gov/safety/bnnd/doc/PreventingPrescriptionFraud.doc>

**FDA MedWatch.** [www.fda.gov/Safety/MedWatch/default.htm](http://www.fda.gov/Safety/MedWatch/default.htm)

**FDA Drug Safety Communication: FDA warns about new impulse-control problems associated with mental health drug aripiprazole (Abilify, Abilify Maintena, Aristada).** May 3, 2016.  
[www.fda.gov/downloads/Drugs/DrugSafety/UCM498825.pdf](http://www.fda.gov/downloads/Drugs/DrugSafety/UCM498825.pdf)

**FDA Medication Guide.** [www.fda.gov/drugs/drugsafety/ucm085729.htm](http://www.fda.gov/drugs/drugsafety/ucm085729.htm)

**AACAP /ParentsMedGuide – ADHD.**

[www.aacap.org/App\\_Themes/AACAP/Docs/resource\\_centers/adhd/adhd\\_parents\\_medication\\_guide\\_201305.pdf](http://www.aacap.org/App_Themes/AACAP/Docs/resource_centers/adhd/adhd_parents_medication_guide_201305.pdf)

**FDA Patient Counseling Document for Opioids.**

[www.fda.gov/downloads/forindustry/userfees/prescriptiondruguserfee/ucm361110.pdf](http://www.fda.gov/downloads/forindustry/userfees/prescriptiondruguserfee/ucm361110.pdf)

**Guidelines for Prescribing Controlled Substances for Pain.** Medical Board of California.  
[www.mbc.ca.gov/Licensees/Prescribing/Pain\\_Guidelines.pdf](http://www.mbc.ca.gov/Licensees/Prescribing/Pain_Guidelines.pdf)

**Sample Patient Agreement Forms.**

[www.drugabuse.gov/sites/default/files/files/SamplePatientAgreementForms.pdf](http://www.drugabuse.gov/sites/default/files/files/SamplePatientAgreementForms.pdf)

## TELEPSYCHIATRY

***Hageseth v. Superior Court*, 150 Cal. App. 4th 1399 (2007).**

**H.R. 5483 – Special Registration for Telemedicine Clarification Act of 2018.** (Passed house June 12, 2018). [www.congress.gov/bill/115th-congress/house-bill/5483](http://www.congress.gov/bill/115th-congress/house-bill/5483)

**The Medical Board of California.**

Items of Interest

- Internet Prescribing – Information for Physicians
- Practicing Medicine Through Telehealth Technology

[www.mbc.ca.gov/Licensees/Physicians\\_and\\_Surgeons](http://www.mbc.ca.gov/Licensees/Physicians_and_Surgeons)

**Practice Parameter for Telepsychiatry with Children and Adolescents.** Journal of the American Academy of Child and Adolescent Psychiatry 47(12): 1468-1483 (Dec. 2008).  
[www.jaacap.com/article/S0890-8567\(08\)60154-9/pdf](http://www.jaacap.com/article/S0890-8567(08)60154-9/pdf) (Legacy guideline; currently being updated).

**American Telemedicine Association Practice Guidelines.**

- Practice Guidelines for Video-based Online Mental Health Services
- Practice Guidelines for Telemental Health with Children and Adolescents
- A Concise Guide for Telemedicine Practitioners: Human Factors Quick Guide - Eye Contact
- Evidence-Based Practice for Telemental Health

<http://hub.americantelemed.org/resources/telemedicine-practice-guidelines> (Free access, but registration and log-in required)

**Model Policy for the Appropriate Use of Telemedicine Technologies in the Practice of Medicine.**

Federation of State Medical Boards.

[www.fsmb.org/Media/Default/PDF/FSMB/Advocacy/FSMB\\_Telemedicine\\_Policy.pdf](http://www.fsmb.org/Media/Default/PDF/FSMB/Advocacy/FSMB_Telemedicine_Policy.pdf)

**Best Practices in Videoconferencing-Based Telemental Health.** The American Psychiatric Association & The American Telemedicine Association.

[www.psychiatry.org/File%20Library/Psychiatrists/Practice/Telepsychiatry/APA-ATA-Best-Practices-in-Videoconferencing-Based-Telemental-Health.pdf](http://www.psychiatry.org/File%20Library/Psychiatrists/Practice/Telepsychiatry/APA-ATA-Best-Practices-in-Videoconferencing-Based-Telemental-Health.pdf)

**Resource Document on Telepsychiatry and Related Technologies in Clinical Psychiatry, APA Official Actions (Jan. 2014).** APA Council on Psychiatry & Law.

[www.psychiatry.org/File%20Library/Psychiatrists/Directories/Library-and-Archive/resource\\_documents/Resource-2014-Telepsychiatry-Clinical-Psychiatry.pdf](http://www.psychiatry.org/File%20Library/Psychiatrists/Directories/Library-and-Archive/resource_documents/Resource-2014-Telepsychiatry-Clinical-Psychiatry.pdf)

**Practice parameter for telepsychiatry with children and adolescents.** Meyers K and Cain S. J. Am. Acad. Child Adolesc. Psychiatry, 2008;47:(12)1268–1483.

[www.jaacap.org/article/S0890-8567\(08\)60154-9/abstract](http://www.jaacap.org/article/S0890-8567(08)60154-9/abstract)

**American Telemedicine Association.**

- *Learning Center*, <http://learn.americantelemed.org/diweb/start/>
- *Core Operational Guidelines for Telehealth Services Involving Provider-Patient Interactions*, [www.uwyo.edu/wind/\\_files/docs/wytn-doc/toolkit-docs/ata\\_core\\_provider.pdf](http://www.uwyo.edu/wind/_files/docs/wytn-doc/toolkit-docs/ata_core_provider.pdf)

**STATE SURVEY RESOURCES**

*Note: These free resources should only be used as a starting point; they may not be accurate, current, or complete. They should not be relied upon as legal advice.*

**Federation of State Medical Boards.**

- *Telemedicine Legislation Tracking* (2018), <https://track.govhawk.com/reports/2Nzd2/public>
- *Telemedicine Policies: Board by Board Overview*, [www.fsmb.org/globalassets/advocacy/key-issues/telemedicine\\_policies\\_by\\_state.pdf](http://www.fsmb.org/globalassets/advocacy/key-issues/telemedicine_policies_by_state.pdf)

**American Telemedicine Association.**

- *State Telemedicine Gaps Reports*, [www.americantelemed.org/policy-page/state-telemedicine-gaps-reports](http://www.americantelemed.org/policy-page/state-telemedicine-gaps-reports)
- *State Legislative & Regulatory Trackers*, [www.americantelemed.org/policy-page/state-policy-resource-center](http://www.americantelemed.org/policy-page/state-policy-resource-center)

**50-State Survey – Establishment of a Physician-Patient Relationship via Telemedicine (2017).** American Medical Association.

[www.ama-assn.org/sites/default/files/media-browser/specialty%20group/arc/ama-chart-telemedicine-patient-physician-relationship.pdf](http://www.ama-assn.org/sites/default/files/media-browser/specialty%20group/arc/ama-chart-telemedicine-patient-physician-relationship.pdf)

**50-State Survey on Telemental Health Laws in the United States (2016, 2017).** Epstein Becker Green.

[www.ebglaw.com/telemental-telebehavioral-survey/](http://www.ebglaw.com/telemental-telebehavioral-survey/)

**Telehealth Policy: California.** Center for Connected Health Policy.  
[www.cchpca.org/telehealth-policy/california-policy](http://www.cchpca.org/telehealth-policy/california-policy)

**NASCSA State Profiles.** National Association of State Controlled Substances Authorities.  
[www.nascsa.org/stateprofiles.htm](http://www.nascsa.org/stateprofiles.htm)